



**800-327-4968**

(800-EAP-4-YOU) TTY: 877-492-7341

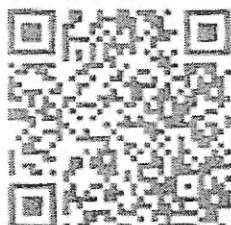
[www.EAP4YOU.com](http://www.EAP4YOU.com)

The Postal Service EAP provides *free, voluntary, confidential*, in-person or phone counseling, consultations, and personal coaching services to all employees and their family members. Counselors are available 24 hours a day, seven days a week at 800-EAP-4YOU. Licensed professionals are found in convenient locations to assist employees and members of their household with difficulties that affect their personal and/or professional lives. Common topics include: stress, communication, financial management, emotional and psychological issues, substance abuse, and relationship and family problems.

Educational talks can be requested by offices, management meetings and union meetings on matters such as Stress Management, Dealing with Change, Communication, Team Building and more upon request. EAP also offers emotional support to employees after the passing of a coworker and debriefings after a critical incident (e.g. suicide, violence at work, assault, robbery or accidental death).

EAP is available in South Jersey and Delaware for counseling, consultations, coaching and critical incident debriefings.

Dorie Agarwal, MA, LCSW  
South Jersey District EAP Clinician  
Phone #: (609) 581 – 4233  
680 Highway 130, Trenton, NJ 08650  
[DMAgarwal@magellanhealth.com](mailto:DMAgarwal@magellanhealth.com)



Susan White, MA, LPC  
South Jersey District EAP Consultant  
Phone #: (856) 933 – 4149  
421 Benigno Blvd., Bellmawr, NJ 08031  
[Swhite3@magellanhealth.com](mailto:Swhite3@magellanhealth.com)

Paul Goddard, LPC  
South Jersey District EAP Clinician  
Phone #: (302) 323 – 2295  
147 Quigley Blvd, New Castle, DE 19720  
[PWGoddard@magellanhealth.com](mailto:PWGoddard@magellanhealth.com)  
Hours: Tues & Wed 9a-5pm, Thurs 10a-2p